



2019 PEI Vascular Health Conference & Stroke Workshop

Thursday, June 6 and Friday, June 7 2019
Murchison Centre
17 St. Pius X Avenue, Charlottetown, PE C1A 6A2



Day 1: Thursday, June 6

Registration: 7:45 - 8:15am

Welcoming Remarks

Heart and Stroke Foundation representative

Person with lived experience—Cardiac Rehab

Brian

Exercise and Physical Activity for the Prevention and Management of Cardiovascular Disease

Dr. Paul Oh (MD, MSc, FRCPC, FACP)

Medical Director & GoodLife Fitness Chair

Cardiovascular Disease Prevention & Rehabilitation

Toronto Rehab & Peter Munk Cardiac Centre

University Health Network

Networking Break

Women's Heart Health

Dr. Sharon Mulvagh (MD, FRCPC, FACC, FASE, FAHA)

Professor of Medicine, Dalhousie University

Professor Emeritus, Mayo Clinic

Lunch (Provided)

New Canada Food Guidelines & Clinical Nutrition for Vascular Health

Heather McIver (MAHN, RD, CDE)—Diabetes Nutrition Educator

Person with lived experience—Spontaneous Coronary Artery Dissection (SCAD)

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Women and SCAD

Dr. Sharon Mulvagh

Stretch break

Linkages Between Vascular Risk Factors, Heart Disease, Stroke and Cognitive Impairment

Dr. Alex MacLean (MD, FRCPC)

Cardiology, Queen Elizabeth Hospital



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Day 2: Friday, June 7

Registration: 7:45 - 8:15am

Welcoming Remarks

Health PEI/ PEI Organized Stroke Care Program representative(s)

PEI Organized Stroke Care Program Update

Trish Helm-Neima—Provincial Stroke Coordinator, Health PEI

Side-by-Side: Stroke Navigator & Stroke Survivor

Ann Millar—Stroke Navigator, Health PEI | Rhonda—Person with lived experience

Hot Topics in Acute Stroke Management

Dr. Patrice Lindsay (RN, PhD)—Director, Systems Change and Stroke Program (Heart & Stroke)

Local Hyperacute and Endovascular Treatment Update

Dr. Charles Duffy (BMSc, MD, CCFP(EM), FCFP)—Emergency Physician
Chair of Hyperacute Acute Stroke Management Subcommittee, Organized Stroke Care Program

Networking Break

Wholistic Approach to Recovery – Stroke Best Practice Updates 2019

Dr. Patrice Lindsay (Heart & Stroke)

Lunch (provided)

Revised Secondary Stroke Prevention Clinic Model

Dr. Heather Williams (MD FRCPC CSCN (EMG), BSc)—Neurologist
Co-Chair of Provincial Secondary Stroke Prevention Clinic Working Group

Rapid Fire: Local Projects Update (**topics/speakers TBA*)

E-Health Apps for Stroke Rehabilitation

Dr. Mark Bayley (MD, FRCPC)
Physiatrist-in-Chief & Program Medical Director
Toronto Rehabilitation Institute, University Health Network
Professor, Division of Psychiatry, University of Toronto