

Health and Community Studies

Continuing Education at Holland College



Courses are now scheduled for Spring 2021.

***Courses are open to RNs and LPNs.**

Course	Date(s)	# of days
*Principles and Practices of Foot Care	May 17-20,2021	4 days
*Principles and Practices of Foot Care	June 7-10,2021	4 days
Offering # 1 *Routine Adult Venipuncture	March 25,2021	1 day
Offering # 2 *Routine Adult Venipuncture	March 26,2021	1 day
Offering # 3 *Routine Adult Venipuncture	April 22,2021	1 day
Offering # 4 *Routine Adult Venipuncture	April 23,2021	1 day
*IV therapy	May 26-May 27,2021	2 days
Palliative Care	May 31 and June 1,2021	2 days

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For full details and course descriptions or to check for future courses go to:

<http://www.hollandcollege.com/continuing-education-and-part-time-studies/industry-standards-courses/>

To register call Melissa 902-629-4214

Course Descriptions

Routine Adult Venipuncture

Four offerings. Open to RNs and LPNs. Cost: \$365.00

This venipuncture course is designed for students who have completed recognized programs in Practical Nursing or Registered Nursing (Diploma or Baccalaureate). The course will provide students with theory and lab practice instruction. The course is designed to provide students with the skills and knowledge required to obtain a peripheral venous blood sample from adults.

Learning Objectives

1. Describe and perform the venipuncture process including:
2. Identify additive function, volume, and mixing procedures to be followed for various color-coded tubes.
3. List areas to be avoided when performing venipuncture and the reasons for the restrictions.
4. Summarize the problems that may be encountered in accessing a vein, including the procedure to follow when a specimen is not obtained.
5. Describe potential adverse effects of venipuncture. sing syringe and vacutainer systems, at an entry level to practice.

Principles and Practices of Foot Care

Two offerings. May 17-20,2021 and June 7-10,2021 Open to RNs and LPNs. Cost \$1180.00

Students will gain knowledge in the anatomy, structure and function of the nail, foot and skin, how to identify common nail and skin pathology, as well as structural pathology of the foot and related intervention. Students will also be introduced to the common instruments used in foot care and how to care for them, utilizing Public Health Agency of Canada guidelines. Skills will include completing a foot assessment and developing an individualized plan of care. The course includes a one day lab where practice and demonstration of foot care, nail cutting, and basic padding techniques will be performed on a lab partner. This course enables the participant to perform foot care in a supervised environment.

1. Describe Principles of Nursing Foot Care
2. Describe common instruments used in foot care, lotions and emollients, and principles of infection control.
3. Describe the anatomy, structure and function of the skin, nail and foot.
4. Describe common foot problems and nursing interventions.

5. Describe changes in the feet related to chronic conditions.
6. Describe assessment of the feet and lower extremities.
7. Demonstrate basic padding techniques, nail cutting/foot care and client education.

IV therapy

One offering. May 26&27,2021 Open to RNs and LPNs. Cost TBT

This course is designed to introduce theory and practice of IV infusion. Students will learn the principles and practice of IV infusion therapy, blood administration, and practice the initiation and management of peripheral IV therapy in a simulated lab setting. At successful completion of this course students will be prepared to utilize this skill at an entry level to practice.

1. Develop an understanding of the principles of infusion therapy and blood administration.
2. Practice the principles of the initiation and management of peripheral I.V. therapy in a simulated client care setting.
3. Practice the principles of the initiation and management of the infusion of blood and blood products in a simulated client care setting.

Palliative Care

One offering. May31-June1,2021 Open to RNs and LPNs., RCW/PCWs Cost: TBT

The goal of the Palliative Care Workshop is to provide participants with evidence-based theories on grief and loss and death and dying thereby enabling students to recognize the needs of all patients with progressive illnesses, implement quality palliative care and improve the care and treatment for dying patients. Students will apply their knowledge of grief and loss to create effective nursing care plans for patients and include their family members in the process offering information on grief counselling as needed. Also, participants will be aware of their own need for grief counselling and seek help for stress and burnout.

This course is divided into modules which include:

Module 1: Changing Illness Trajectories and the Integrated Palliative Approach to Care.

Module 2: Communication and Psychosocial support

Module 3 Pain suffering and Symptom Management

Module 4 Personal Care and Nutrition

Module 5 Dying, Final Hours of Care, and Loss and Grieving

Module 6 The Role of Support Workers and Self Care